

Canterbury Olympic Ice Rink Rules



There are a number of rules you need to be aware of which have been established to support coaches, skaters & the rink to ensure on-ice safety and maintain a pleasant, productive and harmonious atmosphere. These rules are also displayed in the COIR canteen.

- Please **respect** your fellow skaters, coaches, patrons and rink staff. Respect is earned by displaying appropriate behaviour at all times.
- **There will be absolutely no tolerance of any skater who deliberately intimidates or harasses, either physically or verbally, any other skater, coach, patron or rink staff member - either on or off the ice.**
- **Without exception, skaters(s) are required to wear the specified armband when their program music is being played.** Skater(s) wearing the armband have **right-of-way** on the ice during program run-throughs and **other skaters and coaches are required to move out of the way.**
- Please be aware of on-ice safety and other skaters generally, particularly smaller, less experienced skaters who may be slower to react when faced with a tight situation. If you are an experienced skater, **you must make every effort to avoid a collision** with another skater. Skaters must exercise due caution to avoid accidents and stay alert at all times whilst on the ice.
- All coaches must provide suitable instructions to skaters with regard to on-ice safety and are required to uphold rink policy in regard to ice safety and ice etiquette.
- All skaters have equal rights to the use of the CD player.
- Family members or other persons who have entered the rink as supporters must not undertake any activities that may be interpreted as coaching and must not approach the barrier while a session is in progress.
- Coaches and skaters are not permitted to sit on, or climb over the barrier.
- All skaters and coaches must clear the ice at the designated end of the practice session and remove all items from the barrier during the ice resurface in order to comply with safety requirements. Items left on the barrier should be kept to a minimum at all times.
- The last coach or skater to leave the ice must close the barrier gates behind them.

- As many coaches and skaters use the ice at various times, the following guidelines are applicable to maintain rink safety and etiquette requirements:
 - Singles, dance, pair and synchronized skaters may use figure practice session ice at the same time but all must be aware of and apply courteous and safe practices whilst on the ice. Rink management reserves the right to limit the number and type of skaters using the ice at the same time if there are concerns regarding safety or behaviour.
 - In general, synchronized skaters may practice ‘linked’ movements limited to two skaters in a hold at the same time, in line with the rules governing each figure skating practise session.
 - “No hold” step sequences may be practised by dance, pair or synchronized couples.
 - Lifts may be practised by:
 - Dance couples
 - Pairs
 - Synchronized skaters, to a maximum of two skaters at a time and one couple at a time.
 - Linked movements and lifts by synchronized skaters requiring more than two skaters at a time are not to be practised in regular figure sessions but may be practised in synchronized sessions.
 - The use of harness equipment is not permitted in Skate School at any time.
- Any issues arising during a figure session should be reported to the Ice Monitor, Gloria Pracey or, in the absence of the Ice Monitor, to the Rink Manager or the Duty Manager.